

Services for Families

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Agency	Program	Phone	Web address
Across Boundaries: An Ethnoracial Mental Health Centre		416.787.3007	http://www.acrossboundaries.ca/content.php
Alternatives:	Consumer/Survivor and Family Community Development Project	416.285.7996, ext. 227	
Canadian Mental Health Association (Toronto Branch)	Information & Referral (CMHA programs and other mental health programs in Toronto)	416.289.6285 ext. 243 (East of Yonge St) 416.789.7957 ext. 282 (West of Yonge St)	http://www.toronto.cmha.ca/c_what_we_do/wd_community_support.asp#IIRS
Rouge Valley Centenary	Family Support Group	416.281.7238	www.excellentcare.com (note: website doesn't have info about the group)
Centre for Addiction and Mental Health	Family Resource Centre	416.535.8501, ext. 4015	
Centre for Addiction and Mental Health	McLaughlin Information Centre	416.595.6111	
Centre for Addiction and Mental Health	Family Council	416.535.8501 Ext. 6499	
Family Association for Mental Health Everywhere (F.A.M.E.)		416.207.5032	http://www.fameforfamilies.com/index.htm

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Family Outreach and Response Program (FOR)		416.535.8501, ext. 2011	http://www.familymentalhealthrecovery.org/
First Episode Family Group		416.975.1630	
Hong Fook Mental Health Association		416.493.4242	http://www.hongfook.ca/en/about_us/about_us.asp#A5
Mens Sana	Families for Mental Health	416.747.6018	http://www.facethecrowd.com/menssana/
Midaynta Association of Somali Service Agencies	Family Support Program	416.544.1992	http://www.midaynta.com/services.shtml
Mood Disorders Association of Ontario (M.D.A.O.)		416.486.8046	http://www.mooddorders.on.ca/family.html
Toronto East General Hospital	Community Outreach Services: Family Support Program,	416.461.2000, ext. 223	http://www.tegh.on.ca/bins/content_page.asp?cid=3-24-190-225&lang=1
