

Identifying the most appropriate type of housing

Section 1:

Check all statements that apply to the person that you are supporting.

The person's mental health problems (e.g., disturbed thinking, agitation, suicidal thoughts) are usually the *primary reason* that he or she needs support

The person:

- needs help to manage medication
- needs some help and supervision, but does not need 24-hour support or supervision.
- can get around on his or her own, or could learn to do so.
- has good communication skills (can make his or her needs known)
- knows when he or she is in crisis and will ask for help
- exhibits appropriate behaviour (e.g., behaviour is not sexually inappropriate, physically aggressive)
- isn't a danger to others in the community
- can cope with tasks of daily living (e.g., use a stove or kettle)
- can resist actions or suggestions of others people that might put the person at risk of legal problems or in physical danger.

Number of items checked __

... 2

Section 2:

Check all statements that apply to the person that you are supporting

The person:

- has a diagnosed developmental disability
- has problems related to the developmental disability that are the primary reason that he or she needs support
- needs help with adaptive functioning and tasks of daily living
- needs supervision and support all (or most) of the time
- cannot get around on his or her own
- may be at risk of harming himself or herself or someone else
- may behave in ways that disturb others
- may have trouble resisting actions or suggestions of others that might put the person at risk of legal problems or in physical danger
- has lived, or attended programs, with people who have developmental disabilities and has fit in well.

Number of items checked __

Section 3:

Check all statements that apply to the person that you are supporting

The person:

- does not need more than one hour a day of supervision to manage his or her mental health issues
- does not need more than one hour a day of supervision to manage problems related to developmental disability
- can learn the skills that would allow him or her to live on their independently
- can travel around the city on his or her own
- has good communication skills
- understands when he or she is at risk of a crisis and will ask for help
- demonstrates good judgment with regard to his or her personal safety; can cope with potential hazards in his or her living space (e.g., stove, kettle)
- can manage, or can learn to manage, medications independently
- is not a safety risk to the community

Number of items checked __

... 3

Compare your totals for each of the three sections.

- If the Section 1 total is the highest, you will probably want to start by exploring housing options in the mental health sector.
- If the Section 2 total is the highest, you will probably want to start by exploring housing options in the developmental services sector.
- If the Section 3 total is the highest, you can look at generic social housing options.