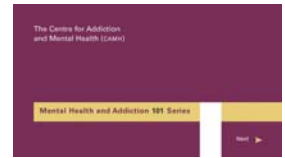


Mental Health and Addiction 101 Series



Here are some tips to try if you are having trouble opening the tutorials.

Browsers (An Internet browser is software used to view content on the World Wide Web)

Internet Explorer is the preferred browser to view these tutorials. Using other browsers such as Mozilla Firefox, Netscape Navigator or Apple Safari will also work but may affect some of the page formatting.

Other Computer Programs

If you have difficulty opening a tutorial try closing any other programs that you have open.

Pop-up Blocker

To view these tutorials, your pop-up blocker should be turned off.

For information on how to turn off your pop-up blocker try the following web site:

<http://www.you-niversity.com/help/popup/popups.htm>

<https://learningctr.redcross.org/static/splash-links/PopUpBlocker.pdf>

http://www.education.purdue.edu/edit/webstuff/popup_blocker/welcome.htm

Screen Size

The best way to view these tutorials is using a minimum monitor resolution of 600 x 800 pixels. If you find that some of the tutorial pages seem to be cut off you may have your screen size set at a small number of pixel resulting in a bigger picture on your screen.

Here is information on how to adjust your screen size:

1. Right-click on the desktop and select "properties" at the bottom
2. Click on the "settings" tab on the right
3. There should be slider in the lower left area. If you drag the slider to "more" or the right the images on the screen will get smaller. If you drag the slider to "less" or the left the images on the screen will get larger.
4. Move the slider to 600 x 800 pixels and click on "apply."
5. The images will change to the size you selected and you will have 15 seconds before the images revert back to the original size.
6. If you want to keep the new size, click "yes" and then click "ok".