



Department of Psychiatry, University of Toronto Addiction Program, Centre for Addiction and Mental Health

CAMH Fellowship in Addiction Psychiatry

Addiction Psychiatry

Centre for Addiction and Mental Health

Fellowship Description

The Addiction Psychiatry Program offers Clinical and Research Fellowship training specifically focused in the area of addictions and concurrent disorders. The Fellowship experience offers the opportunity to work with a multidisciplinary group of clinical and research faculty with expertise in general addictions as well as specific addicted populations.

Research

Each Fellow will participate with faculty advisors in designing and implementing a program of research activity that addresses his or her training interests and needs. Some fellows choose to be involved in a larger study being conducted by one of the Program's faculty while others utilize the Fellowship period to design and conduct their own independent research project. All Fellows will have the opportunity to be involved in all stages of research and will be expected to prepare and submit their work for scientific review and publication. Research currently underway in the Addiction Psychiatry Program includes: clinical psychotherapy trials with patients with borderline personality disorder (Dialectical Behavior Therapy), alcohol abuse and anxiety, and addictions and eating disorders, as well as brief treatments for problem gamblers, pharmacotherapies for complex, refractive cases, and psycho-educational and group support strategies for families affected by concurrent disorders.

Clinical

Each Fellow's clinical training program will be individualized to meet training needs and interests, allowing for exposure to the broad range of addiction assessment and treatment resources in CAMH's Addictions Program, as well as more intensive and extensive focus on the clinical specialty area that augments the individual's research program. The Centre for Addiction and Mental Health offers clinical exposure to the full continuum of care for patients with addictions including: initial screening and psychiatric assessment, withdrawal management (social model and medically-managed), cognitive-behavioural therapies, interpersonal group and other more extensive psychotherapies, concurrent treatment of addiction and mental health problems, pharmacotherapies (including methadone maintenance), day treatment, and residential treatment. Programs are also offered in specialty areas of addiction medicine, youth, women, older persons, ethno-cultural (Substance Abuse Program for African Canadian and Caribbean Youth), gay/lesbian/transgendered/transsexual (Rainbow Program), cocaine, opioids, nicotine and pregnant women with addictions, and families.

Education

The Fellow will have access to a broad range of multidisciplinary educational events within the Department of Psychiatry and through other departments of U of T and addictions staff and faculty of the Centre for Addiction and Mental Health. Additionally, Fellows will have ongoing opportunity to be involved in the teaching of residents and other advanced students of all disciplines as well as teaching staff and others community based health care providers.

This position is available for one or two years.

Fellowship Contact

Peter Selby, MD
Clinical Director, Addictions Program
Centre for Addiction and Mental Health
Acting Head, Addiction Psychiatry Program, and
Assistant Professor, Department of Psychiatry
University of Toronto
33 Russell Street
Toronto, Ontario, M5S 2S1

Tel: (416) 535 8501 ext.6859
email: peter_selby@camh.net

Or

Wayne Skinner, MSW, RSW
Deputy Clinical Director, Addictions Program

Centre for Addiction and Mental Health
Education Co-ordinator, Addiction Psychiatry Program, and
Assistant Professor, Department of Psychiatry
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ADDICTION PSYCHIATRY PROGRAM

Since its creation in 1996, the mission of the Addiction Psychiatry Program has been to provide academic leadership and scholarship in addictions. This includes:

- establishing and maintaining exemplary clinical services for individuals suffering from addictions, particularly substance use disorders and problem gambling
- providing high quality multidisciplinary education and training at the undergraduate, postgraduate and continuing education levels; and
- conducting and promoting research and scholarly work in the area of addictions within the Department of Psychiatry.

The program is guided by this overarching principle: that *a comprehensive understanding of addictions combined with practical, experience-based skills in working with individuals affected by addictive behaviours is integral to effective psychiatric care*. The Addiction Psychiatry Program seeks to be relevant, innovative and actively engaged within the broad domain of physical and mental health as an exemplar and champion of evidence-based practice.

The Addiction Psychiatry Program has site coordinators at the major academic health sciences centres in Toronto: the Centre for Addiction and Mental Health, St Michael's Hospital, University Health Network, St Joseph's Health Centre, Mt Sinai Hospital, North York General Hospital, and the Hospital for Sick Children. It has a faculty of over 25 doctors and health care professionals.

The research and scholarly work produced by members of the Program spans a wide range of areas of study, from basic neuroscience, through neuropsychology, clinical pharmacology, clinical epidemiology, instrument development, and treatment interventions, to social epidemiology and public policy analysis.

Peter Selby, MBBS, CCFP, MHSc
Clinical Director, Addictions Program
Centre for Addiction and Mental Health
Acting Head, Addiction Psychiatry Program
Assistant Professor, Departments of Family & Community Medicine and Psychiatry
Faculty of Medicine
University of Toronto

Addiction Psychiatry CAMH

Fellowship Details

Addiction Psychiatry Faculty

T. George, MD (Chair as of Sept 06)

P. Selby (Acting Head)

B. Ballon, MD

B. Brands, PhD

C. Chamberlain, MD

P. Casola, MD

C. Courbasson, PhD

D. DiGiacomo, MD

D. Gourlay, MD

L. Korman, PhD

J. Malat, MD

S. McMain, PhD

J. Rehm, PhD

W. Skinner MSW

P. Stewart, MD

E. Styrsky, MD

T. Toneatto, PhD

P. Westlind, MD

Type (%): education 20-30 research 20-30 clinical-50

Length: 1 to 2 years

Intensity: Full time Part time

Open to: MD's PhD's Grad students

Please contact Peter Selby or Wayne Skinner (information above) if you wish to explore a CAMH Addiction Psychiatry Fellowship.

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