

CME

Primary Care Psychiatry Course: *Mood & Anxiety Disorders*

Eight monthly evening sessions
Starting on October 25, 2006

The Primary Care Psychiatry Course (PCPC): Mood & Anxiety Disorders is a revival of the international award-winning course created by psychiatrist Dr. Sagar Parikh. Taught by Dr. Parikh and family physician Dr. Rockman with occasional guest lecturers, PCPC features a blend of didactic and case-based presentations in a highly interactive learning environment. Diagnostic issues, psychosocial treatments, and medications for key mood and anxiety disorders are reviewed in detail. A key component of the course will be the integration of material from a **World Health Organization** program: **"Mental Disorders in Primary Care"** which Dr. Parikh and others have customized for Canada. While PCPC may be taken alone, we are excited to offer it as one of three courses, which qualify for a **new certificate program in Primary Mental Health Care** from the University of Toronto. The certificate program covers interviewing skills, boundaries and the physician-patient relationship, diagnosis, psychotherapy, and psychopharmacology as appropriate for family physicians providing mental health care.

If you register for this course (PCPC) and the Primary Mental Health Care Certificate Program, the \$100 registration fee for the certificate program will be waived.

For more information about the certificate, please contact **Sherene Tay** at Toronto Western Hospital at **416.603.5734** or e-mail: **sherene.tay@uhn.on.ca**

FACULTY

Sagar Parikh, MD, FRCPC – Director of CME, Centre for Addiction and Mental Health; Associate Professor of Psychiatry, University of Toronto; Deputy Psychiatrist-in-chief, University Health Network

Patricia Rockman, HBA., Psych., MD, CCFP, FCFP – Assistant Professor, Department of Family and Community Medicine, University of Toronto; Toronto Western Hospital

FORMAT

- Interactive lectures and small group work
- More than 25% of each session will be interactive
- Illustrative videos of interventions with patients
- Review of cases from participating physicians
- Strategic literature recommendations
- *Light supper included!*

OBJECTIVES

- Refine psychiatric diagnostic skill
- Master state-of-the-art pharmacology treatments
- Acquire skills and awareness of cognitive-behavioural and other psychosocial interventions
- Learn how to use the WHO kit in clinical practice

DATE	TOPIC
October 25	Major Depression I
November 29	Major Depression II
December 13*	Bipolar Disorder I
January 31	Bipolar Disorder II
February 28	Anxiety Disorders I
March 28	Anxiety Disorders II
April 25	Obsessive-Compulsive Disorder I
May 30	Obsessive-Compulsive Disorder II

*Due to Christmas, the December session will be held on the 2nd Wednesday of the month

COURSE LOCATION

Centre for Addiction and Mental Health
33 Russell Street, Toronto, Ontario, **Room 2022**
(first street north of College, east of Spadina)

TIME

Registration and dinner: 18.00 hours

In session: 18.30 – 20.30 hours

DURATION

October 2006 thru May 2007 –

8 Sessions – last Wednesday of each month (except December)

REGISTRATION FEE

Professional Participant Fee: \$595 CAD

FULL PAYMENT MUST ACCOMPANY REGISTRATION FORM.

REGISTRATION INFORMATION

Mail or fax to: Geneviève Poulin, CME Program
Centre for Addiction and Mental Health

33 Russell Street, Room 2017, Toronto, Ontario,
M5S 2S1

Tel: 416-535-8501 Ext. 6017 Fax: 416-595-6644

E-mail: cme@camh.net

NOTE

Due to the interactive format of the Primary Care Psychiatry Course, registration is restricted to 20 participants; reserve early to avoid disappointment

CANCELLATION AND REFUNDS

A \$50.00 handling fee will be deducted upon cancellation. Refund requests must be received in writing by **October 10, 2006**

ORGANIZING COMMITTEE

Sagar Parikh, MD, FRCPC, Director of CME, CAMH and Associate Professor at the University of Toronto

Patricia Rockman, HBA, Psych., MD, CCFP, FCFP, Assistant Professor, Department of Family and Community Medicine, University of Toronto; Toronto Western Hospital

Jane Uygur MD, CCFP, Family Physician, Toronto

Tazyia Lakkotrypis, Education Associate, CAMH

ACCREDITATION

Previous versions of this course were approved for 16 Mainpro-M1 credits.

PCPC 2006-2007

REGISTRATION FORM

PLEASE PRINT CLEARLY

What is your level of training in this topic? Novice Intermediate Advance

Ms. Mr. _____ Degree(s): _____
Last Name First Name

Private practice

Organization: _____ Professional Title: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

E-mail: _____

Tel: Bus. (_____) _____ Ext. _____ Fax: (_____) _____

Payment Method:

Cheque Cheque Number: _____ (Make cheques payable to **Centre for Addiction & Mental Health**)

VISA MC AMEX Card Number: _____ Expiry Date: _____ / _____

Name on Card: _____ Authorized Signature: _____