



**National Education
Alliance for Borderline
Personality Disorder**

**FALL 2011
FAMILY CONNECTIONS[®]
WORKSHOP
TRAINING FOR FAMILY CONNECTIONS[®]
LEADERS**

**December 1st, 2nd and 3rd, 2011
Toronto, Ontario**

Training led by
ALAN E. FRUZZETTI, PhD, NEA-BPD,
Research Director, and Associate Professor
at the University of Nevada, Reno

FAMILY CONNECTIONS[®] PROGRAM

To provide the foundation for a better understanding of this complex disorder. It is designed for family members of someone with severe emotional and behavioural dysregulation or Borderline Personality Disorder (BPD).

The Family Connections[®] program is designed specifically to help parents, spouses, adult children, and siblings obtain knowledge and develop skills that will be helpful for their own well-being.

The program also helps family members to develop a support network

More info at: <http://www.borderlinepersonalitydisorder.com/family-connections.shtml>



NEA-BPD: 2011

REGISTRATION FORM

PLEASE PRINT CLEARLY

Ms. Mr. _____ Degree(s): _____
Last Name First Name

Private practice _____

Organization: _____ Professional Title: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

E-mail: _____

Tel: Bus. (_____) _____ Ext. _____ Fax: (_____) _____

Payment Method:

Cheque Cheque Number: _____

(Make cheques payable to Centre for Addiction & Mental Health)

No Post-Dated Cheques

WHO SHOULD ATTEND:

The course is open to family members and professionals who wish to lead Family Connections® groups or develop family-led programs.

FRAMEWORK OF PROGRAM:

The Family Connections® program was developed by practicing clinician/researchers (Drs. Fruzzetti & Hoffman) and modified in consultation with family members and consumers. The format of the sessions allows group participants to obtain information, acquire and practice the application of skills and enjoy an open and supportive forum for discussion. Thus, the program combines the real-life experiences and needs of families of persons with severe emotional and behavioural dysregulation with the expertise of more than two decades of professional work with families. Group leaders, who are family members themselves, have extensive personal experience in this area and have committed themselves to the training needed to disseminate and maintain the integrity of the program content.

AGENDA:

Thursday, December 1, 2011

19:00-21:00 Reception and Presentation
Gallery Grill Restaurant, Hart House

Friday, December 2, 2011

08:00-17:00 Breakfast and Lunch included
East Common Room: Training

Saturday, December 3, 2011

08:00-17:00 Breakfast and Lunch included
East Common Room: Training

Hart House,
7 Hart House Circle,
University of Toronto,
Toronto, ON
M5S 3H3

COURSE CONTENT:

SERIES OFFERS

- Education on severe emotional and dysregulation problems
- Research on severe emotional and behavioural dysregulation problems
- Skills training based on Dialectical Behaviour Therapy (DBT) in the context of a supportive group environment
- Application and practice of skills
- Development of a support network
- Emotional and dysregulation problems

TOPICS ADDRESSED

- Education on severe emotional and behavioural dysregulation problems and borderline personality disorder
- Research on severe emotional and behavioural dysregulation problems and borderline personality disorder
- Family Perspectives and Experiences
- Relationship Mindfulness Skills
- Emotion Self-Management
- Family Environment Skills
- Effective Communication Skills
- Validation Skills
- Problem Management Skills

WHAT PARTICIPANTS SAY

"I don't feel so alone anymore."

"I know better what to do in a crisis."

"We feel we are making progress as a family."

"The sharing and problem solving really helps me deal with the grief."

"I like practicing the skills and then seeing the difference it makes when I use them."

"It's good to finally have found a support network."

Registration is limited for this intensive weekend training, so early registration is encouraged.

Participants will cover their own costs of travel and lodging.

EARLY BIRD REGISTRATION FEE BY NOVEMBER 7TH (Course Materials and Meals included with Registration)

Professional Participant Fee: **\$325.00 CAD**

Family Member Participant Fee: **\$110.00 CAD**

Registration Fees after November 7th, add \$30.00
(Both Professional and Family Members)

FULL PAYMENT MUST ACCOMPANY REGISTRATION FORM

Receipts provided upon registration

For more information, call Sandra at:

Tel: 416-535-8501 Ext. 4520

E-mail: sandra_johnson@camh.net

REGISTRATION

Mail this form to: **Sandra Johnson**,
Family Connections® Program
Centre for Addiction and Mental Health
33 Russell Street, Room 308, Toronto, Ontario, M5S 2S1
or fax to: **416-595-6399**

CANCELLATION AND REFUNDS

A **\$50.00** handling fee will be deducted upon cancellation.
Refund requests must be received in writing by:
November 21, 2011