



**Group Therapy for Mood  
for people with Asperger Syndrome or High Functioning Autism**

We are researchers who are evaluating how a type of therapy called cognitive behaviour therapy can help adults with Asperger syndrome or high functioning autism **who also have problems with sadness**. We are offering all participants group cognitive behaviour therapy.

You may be eligible to be in the group if you:

- Are 18 years of age or older
- Have a diagnosis of Asperger syndrome or high functioning autism
- Have problems with sadness
- Are willing and able to participate in 14 weeks of group therapy with other adults along the autism spectrum

If you would like to be part of this project, you will be asked to meet with a researcher to be interviewed at two times. If you are eligible for the study, you will be enrolled in 14 weeks of group therapy. All meetings occur at the Centre for Addiction and Mental Health, at 250 College St. in Toronto. We will use what we learn about the study to improve treatments for people along the autism spectrum.

If you have any questions or are interested in participating in this project, please contact Jonathan at 416-535-8501 ext. 7815, or email: [Jonathan\\_Weiss@camh.net](mailto:Jonathan_Weiss@camh.net)

**CAMH provides other treatment options for mental illness or addiction. For more information, visit [www.camh.net](http://www.camh.net) or call CAMH at 416 535-8501.**

CAMH is a Pan American Health Organization / World Health Organization Collaborating Centre Affiliated with the University of Toronto.

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