



Canadian Institutes  
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Canada

CIHR CAFÉ SCIENTIFIQUE  
PRESENTS

# Science on tap

## Quench your interest

**Wednesday, February 18<sup>th</sup> at 4:30 p.m.**

**Bymark**

66 Wellington Street West, Toronto

Please RSVP: [Leah\\_kirkpatrick@camh.net](mailto:Leah_kirkpatrick@camh.net)

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### **Is Work More than Making a Living?**

*Promoting & maintaining mental health in the work place*

Mental illness costs Ontarians about \$20 billion, with billions more being lost to decreased productivity. And in times of economic hardship, these costs are only likely to increase.

How do employers and employees deal with this?

Come engage in a lively discussion with local workplace experts as they provide insight into the complex relationship between work and health, and explore promising approaches to promoting and maintaining mental health in the work place.

#### **Dr. Carolyn Dewa**

Head, Work & Well-Being Research &  
Evaluation Program  
Centre for Addiction and Mental Health

#### **Dr. Guy Faulkner**

Associate Professor, Faculty of  
Physical Education & Health  
University of Toronto

#### **Dr. Zindel Segal**

Head, Cognitive Behaviour Therapy Clinic  
Centre for Addiction and Mental Health

**Host:**

#### **Ted Cadsby, MBA, CFA**

Former Executive Vice President of Retail Distribution, CIBC  
Director, CAMH Foundation Board



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Centre for Addiction and Mental Health  
Centre de toxicomanie et de santé mentale