

The ARQ2 Guide

PART B

**TO BE ADMINISTERED BY THERAPIST/COUNSELLOR
DURING ASSESSMENT INTERVIEW
OR EARLY IN COUNSELLING**

1. Can you tell me about any particular problems you have faced because of discrimination based on your sexual orientation/gender identity?
2. Can you tell me about your coming out and/or transitioning process?
3. How open are you about your sexual orientation / gender identity? At work? At school? At home? With new acquaintances?
4. Tell me about your family. How has your sexual orientation / gender identity affected your relationship with your family? Do you have support from your family?
5. How are you involved in the lesbian, gay, bi, trans, two-spirit, intersex and/or queer (LGBTTTIQ) communities?
6. Do you have concerns about body image? Do you have concerns about aging? Do body image pressures and ageism in the lesbian, gay, bi, trans, two-spirit, intersex and/or queer (LGBTTTIQ) communities affect you?
7. HIV is a big concern for a lot of people. Can you tell me in what ways this may be true for you?
8. Do you use alcohol and/or other drugs to cope with any of the issues we mentioned? Are your mental health concerns related to any of the issues we mentioned?
 not at all a little somewhat a lot

If yes... in what ways?