



**Children's television star
Taborah Johnson knows
all about kids with short
attention spans.**

She has ADHD.

Attention Deficit Hyperactivity Disorder (ADHD) runs the gamut. From making it hard to concentrate, to anxiety that completely stops you from functioning. In her celebrated career as a singer, actress and currently, a radio host, Johnson knows how it can interrupt your life with devastating results. Unfortunately, Taborah's ADHD went undetected as a child. CAMH was able to help with treatment for her anxiety issues. It turned Taborah's life around. With early detection and treatment, CAMH is helping families with children who have ADHD. Taborah believes that's worth paying attention to.

We're transforming lives.

For help or information,
call 1-800-463-6273.
www.camh.net



Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

camh