



**Rex Harrington's mother
has schizophrenia.**

**And he refuses to dance
around the subject.**

Unflinching candour. That's how Rex Harrington approaches the subject of his mother's schizophrenia. She was the one who encouraged him to become a dancer. The emotional trauma of growing up with a parent with mental illness is why the tremendously gifted ballet dancer and actor finds it so important to speak out on the issue. CAMH is helping. With ground-breaking research to help create more targeted medication and innovative care. It's movement in the right direction. And one day, Rex hopes new treatment may lead to his mother being back in step with the world.

We're transforming lives.

For help or information,
call 1-800-463-6273.
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Centre for Addiction and Mental Health
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