

<b>Policy Title:</b> Smoke Free Policy	<b>Policy #:</b> AHR 3.11.15
<b>Originator:</b> Occupational Health and Safety/Risk Management Services	<b>Total Pages:</b> 3 <b>Approval Date:</b> 20 July 2005
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## Policy Statement

## Background

The Centre for Addiction and Mental Health (CAMH) is a smoke free hospital. Research shows that second-hand smoke has many carcinogens and is a preventable cause of many major diseases in smokers and non-smokers alike. CAMH is committed to ensuring a healthy and healing environment for people who work at CAMH, clients, and visitors by implementing a smoke free policy. The purpose of the policy is to ensure that those who work, visit or receive services at CAMH do not experience the many detrimental health consequences associated with second-hand smoke. The policy has not been developed to ensure clients, staff and visitors of CAMH quit smoking.

## Application

This Policy applies to all CAMH employees, clients, family members, visitors, physicians, residents, students, volunteers, suppliers, agency staff, Board members and independent, third-party contractors working in any capacity at CAMH.

## Scope/Responsibility

## No Smoking at CAMH

Smoking is prohibited: \*

1. Within all CAMH buildings and designated areas.
2. Within CAMH vehicles that are owned or leased for CAMH business.
3. Within a 9-metre radius of any CAMH entrance or air intake area.
4. At the designated smoke free entrances.

**Russell St.** - The main entrance -including the area covered with patio stones, outside of the entrance and the stairs leading up to the front entrance

**College St.** - The main entrance - will include the half of the area covered by patio stones (west side) furthest away from the building. The walkway and the area covered with patio stones leading to the sidewalk directly in front of the door will be smoke free.

**Queen St.** -The area at the main entrance outside of the administration building including the area covered in patio stones, to the west of the doorway

**Brentcliffe Rd.** - The main entrance door -including the entire walkway/bridge leading to the main entrance. Smoking can begin at sidewalk area

This will mean that there is at least one smoke free entrance at all sites.

5. Within all CAMH courtyards except the secure yards associated with Unit 3. This practice will be monitored for a period of six months to evaluate the outcomes and possible challenges.

\*These prohibitions pertain to current CAMH buildings. These guidelines will be revisited as we proceed with the CAMH redevelopment.

\*\*Signage will provide clarification of the smoke free areas.

\*\*\*The existing smoking shelters will be maintained at the Queen St. site (outside of the cafeteria and outside of Unit 2) and at the Brentcliffe site.

## Support for Those Working at CAMH and Clients

Smoking is an addiction, and it is acknowledged that changing one's smoking pattern is difficult. Therefore, CAMH is committed to taking a proactive approach in offering education, legal medication and support to clients and people working at CAMH to provide a healthy smoke free hospital environment.

## Clients Lacking Outside Unaccompanied Passes

Those working at CAMH are not required to escort clients outside to smoke. Consistent with the CAMH harm reduction approach, we will provide counseling and/or nicotine replacement therapy (patch, gum) and appropriate adjustment of other medications for clients who are unable to go outside unaccompanied. Access to cigarettes or the availability of passes to go outside to smoke shall not be used as a reward or punishment or as part of a behaviour management program or other treatment plan.

## Compliance

CAMH employees who do not abide by this policy and are caught smoking in smoke free areas will be disciplined according to existing Human Resources policies. If a staff member is repeatedly found smoking in a smoke free area, the employee's manager may be notified by Security or by a member of CAMH management.

Those working at CAMH are encouraged to enforce the policy to ensure its effectiveness. If one witnesses a client or visitor smoking where smoking is prohibited, the following are steps to enforce the policy:

1. Approach the person and inform him/her that smoking is not permitted in that area. If appropriate, advise the person that if he/she wishes to continue smoking to go outside to an area where smoking is allowed.
2. If further assistance is required, please contact Security to handle the situation.
3. If the same client is found to be smoking on numerous occasions in an area where smoking is not permitted, the staff member is to notify the client's unit, team or program where feasible or notify Security.
4. If a visitor is found smoking on numerous occasions, Security will address the situation.
5. Please note: Employees are responsible for notifying Security if they judge it to be inappropriate to address a client, visitor or fellow employee.

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## **Definitions [if applicable]**

**"CAMH Building"** means any structure, including garages, courtyards, owned or leased by CAMH.

**"Client"** is defined as anyone currently receiving clinical services at CAMH.

**"Courtyard"** is defined as an enclosed area attached to a CAMH building (enclosed by four walls/fences) e.g. courtyard at the Russell Street site behind the security desk on the second floor or secured forensic units.

**"Smoke free entrance"**. At most entrances to CAMH there will be no smoking allowed within 9 m of the entrance or air intake area. However, designated smoke free entrances will have further restrictions placed on them. A further description of these entrances is outlined in "No Smoking at CAMH" section of the policy.

## **Links/References**

- RNAO - Integrating Smoking Cessation into Daily Nursing Practice
- RNAO - Helping People Quit Smoking: Nursing Best Practice Guidelines
- OMA - The Duty to Protect: Eliminating Second Hand Smoke from Public Places and Workplaces in Ontario. February 2003.
- OMA - Position Paper on Second Hand Smoke. November 1996
- Ontario Tobacco Research Unit
- Occupational Health and Safety Act and Regulations, 2001
- Fire Regulations - Office of the Fire Marshall, OFM-TG March 2002