

Activity 2-1: Identifying substance categories

Some of the substances may fit into more than one category. Match the substances to the primary category in which they belong:

- If you think the substance belongs in the depressant category, write the letter D beside it.
- If you think the substance belongs in the stimulant category, write the letter S beside it.
- If you think the substance belongs in the hallucinogen category, write the letter H beside it.

<i>Substance</i>	<i>Category</i>	<i>Substance</i>	<i>Category</i>
Beer:	_____	Valium:	_____
Heroin:	_____	Benadryl:	_____
Codeine:	_____	Crack:	_____
Ecstasy:	_____	Demerol:	_____
Gravol:	_____	Sudafed:	_____
Cannabis:	_____	Glue:	_____
Morphine:	_____	Methamphetamine:	_____
Liquor:	_____	Wine:	_____
LSD:	_____	Ativan:	_____

Answers: Beer: D; Heroin: D; Codeine: D; Cocaine: S; Ecstasy: H; Gravol: D; Morphine: D; Cannabis: H; Liquor: D; LSD: H; Valium: D; Benadryl: D; Crack: S; Demerol: D; Sudafed: S; Glue: H; Methamphetamine: S; Wine: D; Ativan: D

REFERENCES

U.S. Department of Health and Human Services. (1999). *Mental Health: A Report of the Surgeon General*. Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, Center for Mental Health Services, National Institutes of Health, National Institute of Mental Health.