

A black and white close-up portrait of Ron Ellis, an older man with white hair, looking directly at the camera with a slight smile. He is wearing a dark jacket over a white shirt.

Compared to conquering depression, winning the Stanley Cup was easy.

In 1967, Ron Ellis helped the Toronto Maple Leafs win the Stanley Cup. In 2000, Ron was presented with a Courage to Come Back Award by CAMH, the Centre for Addiction and Mental Health, for his successful battle against clinical depression. "Receiving it let me accept that with the support of so many people, I had defeated another opponent," Ron said. He keeps the award in the same room in his home as the miniature Stanley Cup given him by the NHL. Today Ron Ellis helps others combat Canada's fastest growing health problem. We're proud to have him on our side.

We're transforming lives.

For help or information,
call 1-800-463-6273.
www.camh.net



Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

camh