



Most people find it hard to talk about abuse and addiction.

Happily, this talk-show host is the exception.

Here's a story with a happy ending. And a horrific beginning. Raped at 8 years old, an alcoholic by the age of 13, Dan could barely function. His family was devastated by sudden deaths and suicide. Drawing upon hidden reserves of strength Dan entered treatment and struggled through his ordeal to not only survive but to thrive. Dan is currently a television talk-show host on Channel 12 in Oshawa. He's involved with CAMH, the Centre for Addiction and Mental Health, and their vital battle to help others in similar circumstances overcome their problems. Can it be done? Talking to Dan, we'd say emphatically, yes.

We're transforming lives.

For help or information,
call 1-800-463-6273.
www.camh.net



Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

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