

Northern Neighbours Working Together

About CAMH

Many of you may have read our inaugural newsletter sent earlier this year. Our focus was on how we, at CAMH are committed to working with you as “northern neighbours working together”. We also shared information through our **hot topics** column on how prescription narcotics are affecting our northern communities. We plan to feature a hot topic for each newsletter, but for this one, we thought it might be good to tell you a little bit more about who we are.

So who is CAMH? “CAMH is Canada's largest mental health and addiction teaching hospital. CAMH combines clinical care, research, education, policy development and health promotion to help transform the lives of people affected by mental health and addiction issues” (taken from CAMH website at: www.camh.net).

Under the leadership of the new President and CEO [Dr. Catherine Zahn](#), CAMH, as a teaching hospital, offers a variety of unique services. It not only provides [education, learning and training opportunities](#) for health professionals and others but comprehensive, accessible services for people with mental illness and/or addiction problems and their families through [ten major clinical programs](#) that reach across the life span, are culturally and gender specific, and encompass addiction and mental health issues at varying stages. To assist more rural and remote communities, including those in northern Ontario, CAMH's [Psychiatric Outreach Program](#) works in partnership with the several other psychiatric outreach programs to help coordinate clinical, education and support services, such as televideo consultations. CAMH also provides an [addiction clinical consultation service](#) for various professionals working with clients with alcohol and/or other drug problems and an [Ask the Ethicist Column](#) to answer questions about ethical issues that was launched in March.

CAMH also provides evidence-based [publications, newsletters, educational products and journals for professionals and communities](#) on a variety of alcohol, other drug, gambling and mental health topics. Other information sources include the [CAMH library](#), the [CAMH McLaughlin Information Centre](#) and the [Knowledge Exchange Portal](#).



Clinical, social/health and policy research are also a key

Upcoming Events

The TEACH (Training Enhancement in Applied Cessation Counselling and Health) is aimed at smoking cessation service providers and is offering courses in **Sudbury on: Essential skills and strategies - June 21 to 23 and Tobacco interventions for those with mental health and/or addictive disorders - June 24 to 25.**

For information contact: [Gilles Brideau](#) or visit: www.teachproject.ca

The **STOP** study is also recruiting **smokers** to participate in their study and will provide free Nicotine Replacement Therapy for those who volunteer. More www.stopstudy.ca.





part of CAMH's work and helps to contribute to our understanding of emerging trends, new innovations that hold promise, flagging what works/doesn't work and identifying best practices. [Research](#) is focused on four specific areas: Clinical; Neuroscience; the PET Centre, and Social, Prevention and Health Policy which encompasses: the Ontario Tobacco Research Unit, the Health Systems Research and Consulting Unit as well as research into public health, prevention, health equity and regulatory policies.

[Health promotion](#) and [policy development](#) are also an integral part of CAMH's core mandate and allows us to provide leadership and advocacy on matters that impact on the lives of people in Ontario and beyond, including the international front, where CAMH helps to build capacity and improve care and health outcomes in developing countries through the [Office of International Health](#). All of CAMH's work is underscored by a principle of health equity which is supported by the [Health Equity Office](#).

Last, but not least, through [Provincial Services](#), CAMH has offices strategically positioned across Ontario to extend our reach. While these offices do not provide direct clinical services, program consultants help "communities to identify addiction and mental health needs, develop and share knowledge and best practices and participate in systems planning to support on-going improvement to addiction and mental health services".

Like all staff in CAMH's Provincial Services, our staff in the north are knowledge brokers. We are committed to working with you to bring the unique voice of Northern Ontario to CAMH to help shape resources and services, as well as education and training activities that will benefit you. For example, our Education and Training Department offers online courses and webinars, continuing medical education as well as resources for teachers, schools and other professionals in the field. For [more](#)...

This is not just a one way street. Our staff also harness the vast array of knowledge and expertise found in and out of CAMH to provide you, as our northern partners, with the most up-to-date and evidence-based information and resources available. Through this enewsletter, we hope to provide a forum in which to share information on hot topics, upcoming events and how we can help. While many of you may already know the CAMH consultant in your community, to learn [more](#)...



Eastern Ontario Summer Institute
in Mental Health and Addiction

Eastern Summer Institute in Mental Health and Addiction 2010: June 9 to June 11, Ottawa:

Sessions include: Culture of Accountability: Creating Safe and Respectful Workplaces; Fostering Cultural Competency in a Clinical Setting; and Opiates: use and abuse... [More](#)



Provincial Summer Institute 2010: Advanced Counselling Skills for Concurrent Disorders: August 17 to August 19, Toronto... [More](#)

The next edition of Info-Franco is coming in June... watch for it!

New in the North

Northern Ontario Lived Experience - Consultation Sessions... [More](#)



Prescription Opioid-Related Issues in Northern Ontario

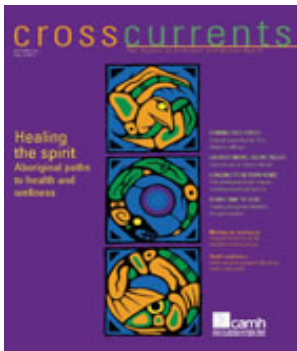
"from benefit to harm to crisis" ... a pan-northern strategy framework for action on misuse, abuse and diversion... [More](#)

More CAMH Sites of Interest

Specialty programs, services and resources - CAMH's commitment to health equity

[Aboriginal Services](#) | [Addiction Clinical Consultation Service](#) | [Assessment Tools](#) | [Child, youth and family program](#) | [Concurrent Disorders Services](#) | [Culture Counts: Resources - Ethnocultural Communities/Cultural Competence](#) | [Information in other languages](#) | [Mental health and addictions 101 \(online course\)](#) | [Social, Health and Equity Research](#) | [Substance Abuse Program for African Canadian and Caribbean Youth](#) | [Rainbow Services: LGBT](#) | [Remedial Measures for Impaired Drivers: Back on Track](#) | [Women's Forensic Unit](#) | [Women's Mental Health Program](#)

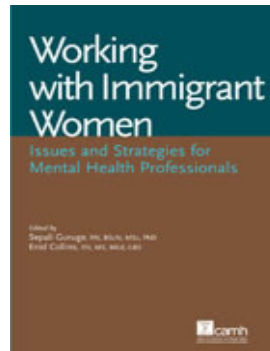
Publications



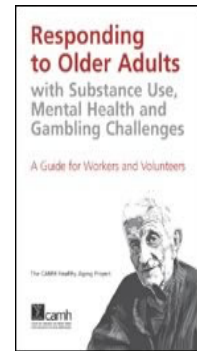
[CrossCurrents](#)



[Stigma Brochure](#)



[Working with Immigrant Women](#)



[Responding to Older Adults](#)

You can click on the links below to access more resources:

- [Publications](#)
- [CAMH Courses](#)
- [CAMH Newsletters](#)

Contact us

Learn more about CAMH's Northern Ontario Area Staff and browse staff profiles, please go to [Northern Ontario Area Staff Profile](#).

To subscribe to this Newsletter,
please contact Suzanne Cyr at suzanne_cyr@camh.net or (705) 472-3850

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