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Harm Reduction in The Community: Programs and Their Potential Impact

Free Presentation and discussion with Dr. Carol Strike, **November 19, 2010**, from 1:00 PM - 4:00 PM at Kingston City Hall. [To register >](#)

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Welcome to CAMH in the Community

CAMH in the Community is about engaging, supporting, and bringing CAMH resources to Ontario communities with goals of preventing addiction and mental health problems, increasing public understanding of people with mental health and addictions problems, improve the overall health of communities, and helping service providers offer better care through professional development.

This is the second in a series of e-newsletters to highlight CAMH resources including our local projects. We hope you find it helpful.

Dr. Carol Strike in Kingston on November 19, 2010



CAMH is pleased to announce that [Dr. Carol Strike](#), associate professor at the Dalla Lana School of Public Health and a Senior Scientist at CAMH, will be in Kingston to deliver a key note presentation and discussion entitled **Harm Reduction in The Community: Programs and Their Potential Impact**. Her focus will be on understanding the role and impact of Harm Reduction in the community.

Her research is focused primarily on the design and evaluation of harm reduction, addiction treatment, and public health programs for marginalized populations including people who use drugs.

This **free event** will be of interest to a variety of health care professionals in the fields of primary care, Addictions, Mental Health, and other allied services. To attend this event, please [register >](#).

What is Harm Reduction in the context of Alcohol and Drug Use?

Harm reduction is any program or policy designed to reduce drug-related harm without requiring the cessation of drug use. Interventions may be targeted at the individual, the family, community or society. Not all interventions intended to minimize the adverse consequences of substance use are harm reduction.

Harm reduction programs and policies must demonstrate that they have the desired impact without producing unacceptable unintended consequences. If its evaluation reveals no support for the reduction of specified adverse consequences, or shows the unintended consequences are too serious, the program should not be considered part of a harm reduction approach and other alternatives should be developed.

Visit CAMH's You Tube Channel



CAMH is now producing and uploading short video presentations on popular and emerging topics. Visit our You Tube Channel and see for yourself. [Read more>](#)

2009 Ontario Student Drug Use and Health Survey



The release of the Mental Health results of the **2009 Ontario Student Drug Use and Health Survey (OSDUHS)** will be available via the Ontario Telehealth

Network (OTN) and Web streaming on November 24, 2010 from 1:30 pm - 3:00 pm. For more information contact [Stephanie Faroldi](#).

To participate in this event, you can [register here>](#)

2011 Summer Institute in Kingston

The Eastern Ontario Area of CAMH is planning for the return of the Eastern Ontario Summer Institute in Addictions and Mental Health for June 2011 in Kingston. Contact [Heather Lackner](#) for more information.

The primary focus of harm reduction is on people who are already experiencing some harm due to their substance use. Interventions are geared to movement from more to less harm. Examples of proven harm reduction programs are: server intervention programs which decrease public drunkenness; needle and syringe exchange programs which prevent the transmission of HIV among injection drug users; and, environmental controls on tobacco smoking which limit the exposure to second hand smoke.

Links to CAMH Harm Reduction Resources

Mental Health and Addictions 101: Harm Reduction. This [online tutorial](#) provides basic information about harm reduction with regard to substance use, including the benefits of harm reduction, and practical strategies for putting the principles of harm reduction into use.

Introduction to Harm Reduction Strategies. Phases of Treatment: Stabilization, in Methadone Maintenance: A Counsellor's Guide to Treatment. [Read more>](#)

"Straight Talk" harm reduction drug information brochures. [Four new brochures](#), **Street Methadone**, **OxyContin**, **Crack** and **Methamphetamine** are written directly for people who use these drugs, or who are at risk of using these drugs in a harmful way. These brochures also offer important information to people who provide services and health care to people who use these drugs.

New Resources from CAMH

To review these and other CAMH resources and products, visit our Publications catalogue. [Read more>](#)



Mental Health and Addiction Research Agenda for Ontario



Stakeholders of mental health and substance use/abuse, problem gambling, and/or process addictions (e.g. Internet) research are invited to participate in the co-creation of a mental health and addictions research agenda for Ontario, led by the Creating Together team, by completing a brief [web survey](#).

If you have any questions about the survey please contact [Heather Bullock](#) and also visit the [Creating Together Website](#).

Contact Us

Please browse our Eastern Ontario home page and all our [staff profiles](#).

Feedback or Comments?

Please [contact us](#) with comments and suggestions for new themes or topics for future editions of these e-newsletters.

Pass it Along

Please forward this newsletter to a friend or colleague who would like to know more about [CAMH](#).

Stay in Touch

If this newsletter was passed on to you and you want to receive it directly, please contact the [Kingston CAMH office](#). If you no longer wish to receive this newsletter, send a brief email to the [editor](#).

Local CAMH Projects

Local CAMH staff are involved in a variety of projects where they are able to bring CAMH programs, products, and services to the community. Follow the links below to learn more:

[CAMH in the Community](#) | [Drug and Alcohol Awareness Initiatives](#) | [Harm Reduction and Health Promotion](#) | [Concurrent Disorders Capacity Project in SEO](#) | [Aboriginal Health](#) | [Workplace Training](#) | [Eastern Ontario Summer Institute 2011](#) | [Substance Use Prevention for Somali Youth](#) | [Concurrent Disorders and the GAIN-SS](#) | [Concurrent Disorders Family Project](#) | [CAMH Health Aging Project](#).

Links to Other CAMH Web Resources

[Problemgambling.ca](#) is a comprehensive problem gambling website that serves as a first and best stop on the internet for helping professionals and members of the public who are concerned about problem gambling. [About the website](#)>

[Reseaufranco.com](#) is a unique web resource for primary care professionals providing addiction and mental health services to francophones across Ontario. [About the website](#)>

[CAMH Journal of Addictions and Mental Health](#) is known as [CrossCurrents](#). Follow the links below to some recent and archived articles related to harm reduction.

[CrossCurrents](#) articles | [Message in a bottle: Wet shelters embody true harm reduction approach](#) | [Does harm reduction have a place in Aboriginal communities?](#) | [Smokeless tobacco and the harm reduction debate](#) | [Integrated treatment tackles co-occurring schizophrenia and substance use](#)

CAMH Public Policy and Health Promotion

CAMH Position on Harm reduction: It's Meaning and Application for Substance Use Issues. [Read more](#)>

Strategies to Reduce the Harmful Use of Alcohol: CAMH Submission to the World Health Organization. [Read more](#)>