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Centre for Addiction and Mental Health
Centre de toxicomanie et de santé mentale

Winter 2010



Ottawa | Renfrew | Stormont, Dundas, and Glengarry | Prescott and Russell | Lanark

Future of Aging

Free presentation and discussion with **Dr. Benoit Mulsant** on March 3, 2010 at the R. A. Centre. French presentation at 8:30 AM and English presentation at 1:00 PM. [To register >](#)

CAMH On-Line

CAMH has a number of interesting on-line courses and webinars scheduled for Winter 2010. [More >](#)

2010 Summer Institute

The Eastern Ontario Area of CAMH is planning for the return of the Eastern Ontario Summer Institute in Addictions and Mental Health for June 2010 in Ottawa. Contact [Jennifer Barr](#) for more information. [More >](#)

Understanding Psychiatric Medications

CAMH has recently released a new series of booklets for clients and family members. Free copies are available (up to 100 in English and French). [More >](#)



Welcome to CAMH in the Community

CAMH in the Community is about engaging, supporting, and bringing CAMH resources to Ontario communities with goals of preventing addiction and mental health problems, increasing public understanding of people with mental health and addictions problems, improving the overall health of communities, and helping service providers offer better care through professional development.

This is the first in a series of e-newsletters to highlight CAMH resources including our local projects. We hope you find it helpful.

The Future of Aging: The Impact on Mental Health and Addiction Services

Older adults are the fastest growing segment of the Canadian population. Substance use and mental health problems, including dementia, often go unrecognized or can be mistaken for signs associated with aging or other problems in older adults. Addiction and mental health professionals as well as those working in other capacities in health and human services can prepare for the challenges the increase in the older population will present.

Dr. Benoit Mulsant in Ottawa on March 3, 2010



Dr. Benoit Mulsant, Geriatric Psychiatrist, Researcher, and CAMH Physician-in-Chief, will be in Ottawa on March 3, 2010 to deliver two keynote presentations (one in English and one in French) on the **Future of Aging** and its Impact on Mental Health and Addiction Services.

Dr. Mulsant is concerned about the demographics of an aging population and the [urgency to improve the treatment of seniors](#) with mental health problems. He has been designing and conducting clinical trials for "hard-to-treat" older patients with mood disorders for more than 15 years and is an expert in mental health

and older adults.

This **free event** will be of interest to a variety of health professionals in the fields of Primary Care, Addictions, Mental Health, and other allied services. Please follow this [link to register](#) for this event.

Motivational Interviewing in Primary Care Settings (March and April 2010)

CAMH has developed a new course that introduces a brief form of motivational interviewing developed in a medical setting for use in brief consultations by physicians, nurses and pharmacists in primary care settings. [More >](#)

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Click on these CAMH resources on the topics of healthy aging and working with older adults.



Local CAMH Projects

Local CAMH staff are involved in a variety of projects where they are able to bring CAMH programs, products, and services to the community. Follow the links below to learn more.

[Asking the Right Questions](#) | [Concurrent Disorders and Housing](#) | [Making the Connection Work](#) | [Aboriginal Health](#) | [Young Women and Depression](#) | [Screening for Substance Use and Mental Health Problems in Youth](#) | [Champlain Mental Health Promotion](#) | [Prescott and Russell Coalition Against Drugs](#) | [Concurrent Disorders System Planning](#) | [Screening for Concurrent Disorders in Champlain](#) | [Health Equity](#) | [Open Minds/Esprits Overts](#) | [Workplace Training](#) | [Mad About the Arts](#) | [Eastern Ontario Summer Institute 2010](#) | [CAMH Health Aging Project](#)

Links to Other CAMH Web Resources

CAMH Knowledge Exchange is designed to support addiction and mental health professionals, help build system capacity and facilitate inter-professional collaboration. [About the website >](#)

Problemgambling.ca is a comprehensive problem gambling website that serves as a first and best stop on the internet for helping professionals and members of the public who are concerned about problem gambling. [About the website >](#)

Reseaufranco.com is a unique web resource for primary care professionals providing addiction and mental health services to francophones across Ontario. [About the website >](#)

CAMHCrossCurrents.net is a unique journal in Canada that explores issues in both addiction and mental health. It informs and educates front-line health professionals, as well as allied professionals, about the latest developments and issues in the addiction and mental health fields through professionally written and first-person stories, research summaries, news and feature articles. [About the website >](#)

CAMH Publications



The Centre of Addiction and Mental Health is pleased to bring you this catalogue featuring current publications that promote best clinical practice, professional education and development. [Publications page>](#)

CAMH Research



The Ontario Student Drug Use and Health Survey ([OSDUHS](#)) is Canada's longest running school survey of adolescents, describing drug use and other health-related behaviours, and changes since 1977. This survey provides reliable, current information about the health behaviours, risk behaviour, attitudes and beliefs of Ontario children and adolescents.

CAMH Public Policy and Health Promotion

CAMH Submission to Select Committee on Mental Health and Addictions. [Read>](#)

Future of Health Care in Canada: A Place for Addictions and Mental Health Service. [Read>](#)

New! Best Practice Guidelines for Mental Health Promotion Programs: Children and Youth. [Read>](#)

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