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## Tobacco: The Substance Most Likely to Kill our Clients

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Whether we measure it by illness, death, or economic cost, tobacco is the number one addiction in Ontario. Research shows that people who have entered addiction treatment are more likely to die from smoking than from any other cause. This suggests that our treatment programs are saving people from other drugs so they can die from the consequences of their tobacco use.

A CAMH in the Community presentation: **Tobacco: The Substance Most Likely to Kill our Clients** is set for two locations this fall. (See sidebar details) Both the Niagara and Hamilton events are co-sponsored by the **Hamilton Niagara Haldimand Brant LHIN**. The October 5th event is also co-sponsored by the **Niagara Health System**.

The presentations and discussion will challenge us to courageously consider the reasons, both societal and clinical, for the tobacco-tolerant milieu that prevails in Ontario's addiction treatment system. Our speakers represent various areas of expertise including research, education, clinical care, and policy. There will also be opportunity for discussion of the hurdles and solutions for the much-needed transformation of how we think about tobacco and its impact on our clients.

**This is a must-attend event for** counsellors, managers, funders of addiction treatment programs, and other social/health care personnel who provide care and support to smokers in their work.

### Keynote speakers:



Dr. Roberta Ferrence is Executive Director of the Ontario Tobacco Research Unit and a Senior Scientist with the Centre for Addiction and Mental Health. She is also Professor in the Dalla Lana School of Public Health at the University of Toronto.

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### Events

#### Niagara

CAMH in the Community presentation **Tobacco: The Substance Most Likely to Kill our Clients**, Oct 5, 2009, 1pm - 4pm at the Four Points Sheraton. **Please register** for this free event ASAP to reserve your seat. [more>](#)

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#### Hamilton

CAMH in the Community presentation **Tobacco: The Substance Most Likely to Kill our Clients**, Nov 24, 2009, 1pm - 4pm at Carmen's Banquet Centre. **Please save the date.** For information contact [Alan Cudmore](#)

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#### Halton

Tuesday, October 27, 2009  
**"Cheap Smokes? The Truth about Contraband Tobacco in Halton"** from 9am to 2pm, Limited seating, contact [Cathy Thompson](#)

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#### Hamilton

The Suicide Prevention Community Council of Hamilton (SPCCH) [presents:](#)  
**We Need to Talk**, Mental Health and Suicide Prevention  
Sept 30, 10am - 3pm. The SPCCH is also hosting the [9th](#)



Dr. Peter Selby is the Clinical Director of the Addictions Program and Head of the Nicotine Dependence Clinic at the Centre for Addiction and Mental Health as well as Assistant Professor in the Departments of Family and Community Medicine, Psychiatry and the Dalla Lana School of Public Health at the University of Toronto.

## Local CAMH in the Community Projects

[Tobacco Free Sports & Recreation](#) | [Suicide Prevention Research and Knowledge Exchange](#) | [Concurrent Disorders Young Women and Depression Prevention \(VALIDITY\)](#) | [Talking About Mental Illness](#) | [Seniors Medication and Alcohol Resource](#) | [Youth Mental Health Promotion](#) | [Drug Awareness Initiatives Education and Training](#) | [System Planning Prevention Program for Families](#) | [Anti Stigma Programs](#)

## CAMH Resources

**CrossCurrents** articles | [One addiction at a time](#) | [Youth addiction programs and tobacco](#) | [Tobacco and mental health quick facts](#)



[Tobacco](#) | [Pregnancy](#)



[About Tobacco](#) | [Do You Know - Tobacco](#)

[annual Suicide Prevention Conference: Engage and Equip](#) on Oct 27, 8am to 3pm

### Hamilton

The Safer Bars Workgroup is offering a free Liability and Alcohol Policy Writing Workshop with Professor Robert Solomon and Larry Grand to all licensed businesses, Nov 16 & 17 from 9am to 12pm at the Waterfront Centre. Contact [Pam Gillett](#) to register.

The Ontario Tobacco Research Unit ([OTRU](#)) is recognized as a Canadian leader in tobacco control research, monitoring and evaluation, [teaching and training](#) and as a respected source of science based information on tobacco control.

The Training Enhancement in Applied Cessation Counselling and Health ([TEACH](#)) Project is designed to enhance knowledge and skills in the delivery of intensive tobacco cessation interventions.

## **CAMH Research**

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Systems Enhancement Evaluation Initiative ([SEEI](#)) Results from the four-year evaluation are now available

## **CAMH Public Policy and Health Promotion**

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CAMH Knowledge Exchange [Tobacco](#)  
Letter to Prime Minister Harper on Contraband [Tobacco](#) (2008)

## **Recently released report:**

The Canadian Expert Panel on Tobacco Smoke and Breast Cancer Risk [more>](#)

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