



Concurrent Substance Use & Mental Health Disorders: Selected Bibliography

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This bibliography is limited in scope to selected books and reports from the CAMH Library collections, supplemented with a small number of Web resources and journal articles. Its purpose is to serve as an introduction and overview of the topic, not an in depth literature review.

Available online at: http://www.camh.net/camh_library Bibliographies and Guides

Terminology

The concept of **Concurrent Disorders** is expressed in many ways. It is the preferred term used in Canada to express the co-occurrence of a mental, emotional or psychiatric problem with the abuse of alcohol or another psychoactive drug. The terms **Concurrent, Co-occurring, Co-existing** or **Dual** are used interchangeably. Another term that continues to be used is **Dual Diagnosis** or **Dually Diagnosed**, which may also refer to mental health problems occurring with intellectual or developmental disability. To find information on **Concurrent Disorders**, also search combinations of more specific terms such as '**Schizophrenia** and **Smoking**', '**Depression** and **Alcoholism**' or '**Trauma** and **Substance Abuse**'.

Resources are listed under the following headings:

- General Readings
- Education and Training
- Research and Policy
- Good Practice Guides
- Treatment Resources
- Focus on Youth
- Internet Resources
- Reading Lists from other Libraries.

General Readings

Bucciarelli, Carol. Addicted and Mentally Ill: Stories of Courage, Hope and Empowerment. New York: The Haworth Press, 2005. RC 564.68 .B83 2005.

Cohen, Marlene Stotland and Mozdierz, Gerald J. In the Moods: When Bipolar Disorder and Substance Dependence Intersect. Dollard des Ormeaux, QC: Keren Chai Publishing, 2003. RC 564.68 .C644 2003.

Daley, Dennis C. Addiction and Mood Disorders: A Guide for Clients and Families. Oxford, UK: Oxford University Press. RC 564.68 .D346 2006.

Drake, Robert. E. et al., eds. Readings in Dual Diagnosis. Columbia, MD: International Association of Psychosocial Rehabilitation Services, 1998. RC 564.68 .R42 1998

Hubbard, John R. and Peter R. Martin, ed. Substance Abuse in the Mentally and Physically Disabled. New York: Marcel Dekker, Inc., 2001. RC 564.68 .S83 2001.

Morin, Richard A. Masquerade: Unmasking Dual Diagnosis. Portland, Oregon: Arnica Publishing, Inc. 2004. RC 564.68 .M67 2004.

Biographical – Explores the mental health of three writers.

O'Grady, Caroline P. and Wayne Skinner. A Family Guide to Concurrent Disorders. Toronto: Centre for Addiction and Mental Health, 2007. RC 564.68 .O47 2007

Report to Congress on the Prevention and Treatment of Co-occurring Substance Use Disorders and Mental Disorders. Rockville, MD: SAMHSA, 2002.
<http://www.samhsa.gov/reports/congress2002>

Skinner, Wayne, et al. Concurrent Substance Use and Mental Health Disorders: An Information Guide / Les Troubles Concomitants de Toxicomanie et de Santé Mentale: Guide d'Information. Toronto: Centre for Addiction and Mental Health, 2004.
RC 564.68 .C6585 2004 / RC 564.68 .C658514 2004.
http://www.camh.net/About_Addiction_Mental_Health/Concurrent_Disorders/Concurrent_Disorders_Information_Guide/index.html

Stewart, Sherry H. and Patricia J. Conrod. Anxiety and Substance Use Disorders: The Vicious Cycle of Comorbidity. New York: Springer, 2008. RC 564.68 .A69 2008

Stohler, R. and Wulf Rossler. Dual Diagnosis: the Evolving Conceptual Framework. Basel, SZ: S. Karger, 2005. RC 564.68 .D84 2005.

Teesson, Maree and Heather Proudfoot. Comorbid Mental Disorders and Substance Use Disorders: Epidemiology, Prevention and Treatment. National Drug Strategy Monograph. Sydney, Australia: Department of Health and Aging, 2003. RC 564.68 .C65 2003.

Tohen, Mauricio, ed. Comorbidity in Affective Disorders. New York: Marcel Dekker, 1999. RC 537 .C65 1999.

Education and Training

Beyond the Label: An Educational Kit to Promote Awareness and Understanding of the Impact of Stigma on People Living with Concurrent Mental Health and Substance Use Problems. Toronto: Centre for Addiction and Mental Health, 2005. RC 564.68 .B46 2005. CDROM Version: RC 564.68 B462 2005.
http://www.camh.net/About_Addiction_Mental_Health/Concurrent_Disorders/beyond_the_label.html

Concurrent disorders = Troubles Concomitants: An Introductory Learning Module for Post-Secondary Institutions. Toronto: CAMH, 2006. RC 564.68 .C657 2006 (Compact Disc Media).

Research and Policy

Alcohol and Comorbid Mental Health Disorders. Alcohol Research & Health. 26 (2): 2002. Special Issue. Online at: <http://www.niaaa.nih.gov/Publications/AlcoholResearch/default.htm>

Concurrent Disorders and Schizophrenia: a National Awareness Strategy: Discussion Paper. Schizophrenia Society of Canada, 2006. RC 564.68 .C6575 2006
Online at: <http://www.schizophrenia.ca>

Co-Occurring Disorders and the Criminal Justice System. Behavioral Sciences and the Law. 22(4): 2004. Theme Issue.

Co-occurring Mental Disorders and Addictions: Scientific Evidence on Epidemiology and Treatment Outcomes: Implications for Services in Ontario. Toronto: Addiction Research Foundation, 1997. RC 564.68 .C66 1997.

Co-occurring Substance Use and Mental Disorders: Functional Relations and Clinical Implications: November 2-5, 1997, Radisson Plaza Hotel Admiral, Toronto, Ontario, Canada. Toronto: Addiction Research Foundation; University of Toronto, Dept. of Psychiatry. RC 564.68 .C665 1997. Ref.

Council, Carol L. Health Services Utilization by Individuals with Substance Abuse and Mental Disorders. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2004. RC 564.68 .H43 2004.

Enhancing Concurrent Disorders Knowledge in Ontario: a Report of the Concurrent Disorders Training Strategy Work Group. Toronto: Centre for Addiction and Mental Health, 2004. RC 564.68 .E64 2004.

Gratzer, David. et al. Lifetime rates of alcoholism in adults with anxiety, depression, or co-morbid depression/anxiety: a community survey of Ontario. Journal of Affective Disorders 79(1-3): 209-215 (2004).

Hendrickson, Edward L. Designing, Implementing, and Managing Treatment Services for Individuals with Co-Occurring Mental Health and Substance Use Disorders: Blueprints for Action. New York: The Haworth Press, 2006. RC 564.68 .H459 2006.

Holt, Martin et al. Barriers and Incentives to Treatment for Illicit Drug Users with Mental Health Comorbidities and Complex Vulnerabilities. National Drug Strategy Monograph Series No. 61. Canberra, Australia: Australian Government Department of Health and Ageing, 2007. See <http://www.nationaldrugstrategy.gov.au/internet/drugstrategy/publishing.nsf/Content/publications-monographs>

Landry, Michel, Louise Nadeau and Stéphane Racine. Prévalence des troubles de la personnalité dans la population toxicomane du Québec. Montréal: RISQ, 1996. RC 564.68 .L36 1996.

Melinyshyn, Matt, Richard Christie and Mariela Shirley. Travelling the Same Road: A Report on Concurrent Disorders in Ontario. Toronto: Addiction Research Foundation, 1996. Volume 1. RC 564 .M45 1996 v.1.

Puddicombe, Jennifer, Brian Rush and Christine Bois. Concurrent Disorders Treatment: Models for Treating Varied Populations. Program Models Project 2003-4. Toronto: Centre for Addiction and Mental Health, 2004. RC 564.68 .P835 2004.

A review of 15 programs in Canada and the United States, identifying a menu of program services and activities from which other treatment providers may choose. It includes characteristics common to all programs.

Room, Robin. The Co-occurrence of Mental Disorders and Addictions: Evidence on Epidemiology, Utilization and Treatment Outcomes. Toronto: Addiction Research Foundation, 1998. RC 564.68 .R66 1998.

Rosenthal, Richard, N., ed. Dual Diagnosis. Key Readings in Addiction Psychiatry Series. New York: Brunner-Routledge, 2003. RC 564.68 .D824 2003.

Strategies for Developing Treatment Programs for People With Co-Occurring Substance Abuse and Mental Disorders. Rockville, MD: Substance Abuse and Mental Health Services Administration, [200-]. <http://www.nccbh.org/cooccurringreport.pdf>

Treatment of Drug-Dependent Individuals with Comorbid Mental Disorders, ed. Lisa Simon Onken. NIDA Research Monograph 172. Rockville, MD: National Institute of Drug Abuse, 1997. RC 564.68 .T74 1997.

Tiet, Quyen Q. and Brent Mausbach. Treatments for patients with dual diagnosis: a review. Alcoholism: Clinical and Experimental Research 31 (4): 513-36 (2007)

Tracy, Joseph I., Richard C. Josiassen and Alan S. Bellack. Neuropsychology of dual diagnosis: understanding the combined effects of schizophrenia and substance use disorders. Clinical Psychology Review 15(2):67-97 (1995).

Good Practice Guides

Best Practices: Concurrent Mental Health and Substance Use Disorders / Meilleures pratiques: troubles concomitants de santé mentale et d'alcoolisme et de toxicomanie. Ottawa, ON: Health Canada, 2001.

Online at: http://www.hc-sc.gc.ca/ahc-asc/pubs/drugs-droques/index_e.html. See Treatment and Rehabilitation.

COCE Co-Occurring Center for Excellence (SAMHSA). <http://coce.samhsa.gov/>
See Evidence and Consensus Based Practices

Dual Diagnosis Good Practice Guide. London: Dept. of Health, 2002. RC 564.68 .D8296. 40 pages. <http://www.dh.gov.uk/assetRoot/04/06/04/35/04060435.pdf>

Dual Diagnosis Guidelines, Behavioral Health Recovery Management (BHRM), University of Chicago Center for Psychiatric Rehabilitation and Chestnut Health Systems.

Online at: <http://www.bhrm.org/guidelines/guidelines.htm>

Substance Abuse Treatment for Persons with Co-occurring Disorders. Treatment Improvement Protocol (TIP) 42. Rockville, MD: Center for Substance Abuse Treatment, 2005.

RC 564.68 .S834 2005.

Quick Guide: <http://download.ncadi.samhsa.gov/Prevline/pdfs/QGCT42.pdf>

Treatment Resources

Baker, Amanda and Richard Velleman. Clinical Handbook of Co-existing Mental Health and Drug and Alcohol Problems. Hove, UK: Routledge, 2007. RC 564.68 .C475 2007

Bellack, Alan S., Melanie E. Bennett and Jean S. Gearon. Behavioral Treatment for Substance Abuse in People with Serious and Persistent Mental Illness: a Handbook for Mental Health Professionals. New York: Routledge, 2007. RC 564.68 .B447 2007

Boriskin, Jerry A. PTSD and Addiction: A Practical Guide for Clinicians and Counselors. Center City, MN: Hazelden, 2004. RC 564.68 .B67 2004.

Carruth, Bruce. Psychological Trauma and Addiction Treatment. Binghamton, NY: Haworth Press, 2006. RC 564.68 .P79 2006

Cooper, Gerry and Calderwood, Kim. Concurrent Disorders. In Alcohol and Drug Problems: A Practical Guide for Counsellors, 3rd ed., eds. Susan Harrison and Virginia Carver, 583-604. Toronto: Centre for Addiction and Mental Health, 2004. RC 564 .A4252 2004.

Daley, Dennis C. and Thase, Michael E. Dual Disorders Recovery Counseling: Integrated Treatment for Substance Use and Mental Health Disorders. Independence, MD: Herald House/Independence Press. RC 564.68 .D348 2004.

Dongier, Maurice, Nady El-Guebaly and Juan Carlos Negrete. Alcohol Use and Abuse in Patients with Psychiatric Illness: A Practical Guide for Community Psychiatrists. Mississauga, ON: Medicine Group, 1997. RC 564.68 .A43 1997.

- Drake, Robert E. Treating Co-occurring Disorders: Clinician's Manual. Center City, MN: Hazelden, 2006. RC 564.68 .D73 2006
- Evans, Katie and Sullivan, J. Michael. Dual Diagnosis: Counseling the Mentally Ill Substance Abuser. New York : Guilford Press, 2001. RC 564.68 .E83 2001.
- Gamble, Nick and Martha Ayim. Navigating Screening Options for Concurrent Disorders. Toronto: Centre for Addiction and Mental Health, 2006. RC 564.68 .G35 2006
Online at:
http://www.camh.net/About_Addiction_Mental_Health/Concurrent_Disorders/navigating_cdscreening0906.pdf
- Gitberg, Michael and Van Wyk, Lucy. Trauma and Substance Use. In Alcohol and Drug Problems: A Practical Guide for Counsellors, 3rd ed., eds. Susan Harrison and Virginia Carver, 415-34. Toronto: Centre for Addiction and Mental Health, 2004. RC 564 .A4252 2004.
- Graham, Hermine L. Cognitive-Behavioural Integrated Treatment (C-BIT): a Treatment Manual for Substance Misuse in People with Severe Mental Health Problems. Chichester, UK : John Wiley & Sons, 2004. RC 564.68 .C647 2004.
- Graham, Hermine L. et al. Substance Misuse in Psychosis: Approaches to Treatment and Service Delivery. The Wiley Series in Clinical Psychology. West Sussex, UK: John Wiley & Sons, Ltd., 2003. RC 564.68 .S84 2003.
- Hendrickson, Edward L., Marilyn Strauss Schmal and Sharon C. Ekleberry. Treating Co-Occurring Disorders: A Handbook for Mental Health and Substance Abuse Professionals. New York: The Haworth Press, 2004. RC 564.68 .H46 2004.
- Holmwood, Chris. Comorbidity of Mental Disorders and Substance Use: A Brief Guide for the Primary Care Clinician. Drug Strategy Branch. Commonwealth Department of Health and Aging: Canberra, 2003. RC 564.68 .H647 2003
- Kantor, Jerry S., ed. Clinical Depression During Addiction Recovery: Process, Diagnosis, and Treatment. New York: Marcel Dekker, 1996. RC 537 .C535 1996.
- Kenna, George A. et al. Pharmacotherapy of dual substance abuse and dependence. CNS Drugs 21 (3) 213-37 (2007)
- Kranzler, Henry R. and Tinsley, Joyce A. Dual Diagnosis and Psychiatric Treatment: Substance Abuse and Comorbid Medical and Psychiatric Disorders. New York: Marcel Dekker, Inc., 2004. RC 564.68 .D826 2004.
- Linszen, Donald H. and Marie E. Lenior. Early Psychosis and Substance Abuse. In The Recognition and Management of Early Psychosis: A Preventive Approach, eds. Patrick D. McGorry and Henry J. Jackson, 363-75. Cambridge, UK: Cambridge University Press, 1999. RC 512 .R29, 1999.
- Mueser, Kim Tornvall. Integrated Treatment for Dual Disorders: A Guide to Effective Practice. New York: Guilford Press, 2003. RC 564.68 .I67 2003
- O'Connell, David F. and Eileen P. Beyer, eds. Managing the Dually Diagnosed Patient: Current Issues and Clinical Approaches. 2nd ed. New York: The Haworth Press, 2002. RC 564 .M295 2002.

Ortman, Dennis C. The Dually Diagnosed: A Therapist's Guide to Helping the Substance Abusing, Psychologically Disturbed Patient. Northvale, NJ: Jason Aronson, Inc., 1997. RC 564.68 .O77 1997.

Pliszka, Steven R., Caryn L. Carlson and James M. Swanson. ADHD with Comorbid Disorders. New York: The Guilford Press, 1999. RJ 506 .H9 P45 1999.

Principles of Addiction Medicine. 3rd edition. Eds. Graham, Allan W. et al. Chevy Chase, MD: American Society of Addiction Medicine, 2003. RC 564 .P69 2003.
See Section 4, Chapter 8, Friedman, Peter D. et al. Linking Addiction Treatment with Other Medical and Psychiatric Treatment Systems, and Section 11, Chapters 1-8, Co-Occuring Addictive and Psychiatric Disorders.

Rassool, G. Hussein, ed. Dual Diagnosis: Substance Misuse and Psychiatric Disorders. Oxford, UK: Blackwell Science Ltd., 2002. RC 564.68 .D837 2002.

Roberts, Lisa J., Andrew Shaner and Thad A. Eckman. Overcoming Addictions: Skills Training for People with Schizophrenia. New York: WW Norton & Company, 1999. RC 564.68 .R63 1999.

Rorstad, Peter and Ken Checinski. Dual Diagnosis: Facing the Challenge: The Care of People with a Dual Diagnosis of Mental Illness and Substance Misuse. Kenley, UK: Wynne Howard Publications, 1996. RC 564.68 .R667 1996.

The SANE SmokeFree Kit: Manual for Mental Health Workers. 2nd ed. [South Melbourne], Australia: SANE Australia, 2004. RC 567 .S36 2004.

Skinner, Wayne. Treating Concurrent Disorders: A guide for Counsellors. Toronto: Centre for Addiction and Mental Health, 2005. RC 564.68 .T739 2005.

Smith, John. Co-occurring Substance Abuse and Mental Disorders: A Practitioner's Guide. Toronto: Jason Aronson, 2007. RC 564.68 .S585 2007

Watkins, Ted R., Ara Lewellen, and Marjie Barrett. Dual Diagnosis: an Integrated Approach to Treatment. Thousand Oaks, CA: Sage Publications, 2001. RC 564.68 .W37 2001

Westermeyer, Joseph J., Roger D. Weiss and Douglas M. Ziedonis. Integrated Treatment for Mood and Substance Use Disorders. Baltimore, MD: The Johns Hopkins University Press, 2003. RC 564.68 .I673 2003.

Focus on Youth

Adolescent Co-occurring Disorders Series: The Complete Collection. Center City, MN: Hazelden, [2007]. RC 564.68. A36 2007. Several modules. Includes facilitator's guides and adolescent workbooks. Sections on Anger Management, Adjustment Disorders, ADD, Mood Disorders, and Anxiety Disorders.

Clark, Duncan B. and Oscar G. Bukstein. Psychopathology in adolescent alcohol abuse and dependence. Alcohol Health and Research World 22(2): 117-21 (1998).

Jorgenson, Elizabeth Driscoll and Richard Salwen. Treatment of Dually Diagnosed Adolescents: The Individual Therapeutic Alliance within a Day Treatment Model. In Approaches to Drug Abuse Counseling, eds. John J. Boren, Lisa Simon Onken and Kathleen M. Carroll, 55-72. Bethesda, MD: NIDA, 2000. RC 564 .A668 2000.

Linszen, Donald H. and Marie E. Lenior. Early Psychosis and Substance Abuse. In The Recognition and Management of Early Psychosis: A Preventive Approach, eds. Patrick D. McGorry and Henry J. Jackson, 363-75. Cambridge, UK: Cambridge University Press, 1999. RC 512 .R29, 1999.

Mondimore, Francis Mark. Adolescent Depression: A Guide for Parents. Baltimore: The John Hopkins Press, 2002. RJ 506 .D4 M66 2002. See chapter 11, Alcohol and Drug Abuse. The Relationship between Mental Health and Substance Abuse Among Adolescents. Rockville, MD: SAMHSA, Office of Applied Studies, 1999. HV 5824 .Y68 R438 1999

Substance Abuse and Learning Disabilities: Peas in a Pod or Apples and Oranges? New York: The National Center on Addictions and Substance Abuse (CASA) at Columbia University, 2000. HV 5825 .S9557 2000.

Online at: <http://www.casacolumbia.org> Publications

Tupker, Elsbeth. Youth & Drugs and Mental Health: A Resource for Professionals / Les jeunes, les drogues et la santé mentale: ressource pour les professionnels. Toronto: Centre for Addiction and Mental Health, 2004. RC 564.68 .Y683 2004 / RC 564.68 .Y68314 2004.

Internet Resources

Alcohol Concern (UK) Fact Sheets on alcohol and various mental illnesses.

http://www.alcoholconcern.org.uk/servlets/wrapper/fact_sheets.jsp

CAMH Concurrent Disorders Priority Knowledge Exchange Projects

http://www.camh.net/About_Addiction_Mental_Health/Concurrent_Disorders/CD_priority_projects.html

CAMH Information about Concurrent Disorders

http://www.camh.net/About_Addiction_Mental_Health/Concurrent_Disorders/index.html

COCE, SAMHSA's Co-Occurring Center for Excellence (US) <http://coce.samhsa.gov/>

NIAAA (US) <http://www.niaaa.nih.gov>

Check out the Alcohol Alert Series and Alcohol Research and Health, in Publications, for research summaries on concurrent alcohol and mental health disorders.

Reading Lists form Other Libraries

Books on Dual Diagnosis **Drugscope UK**

See under: <http://www.drugscope.org.uk/resources/researchaids/readinglists.htm>

Bibliographies on Substance Abuse:

ADAI Library (Alcohol and Drug Abuse Institute, University of Washington)

<http://lib.adai.washington.edu/biblist.htm>

See under Psychological Aspects. Several on Concurrent Disorders related topics.